## Perandoe's Suggestions To Complete Training Title 23 - Section 1.285 Requirements For The Use Of Isolated Time Out, Time Out, And Physical Restraint

Any adult who is supervising a student in isolated time out or time out, or who is involved in a physical restraint, shall receive **at least 8** hours of developmentally appropriate training annually.

Except for training on physical restraint, online training may be utilized for all training areas under this subsection.

Area/Topics Training is Required	Suggestions for providing completing training	Resources & Time
Crisis De-Escalation	Handle with Care Training or CPI	School Staff or Perandoe Staff Time 1 - 2 hours
Part 1 - Participants can earn a Certificate Upon Completion and/or ISBE Certificate of Completion  Part 2 - Participants can earn a Certificate Upon Completion	Restorative Practices: Engaged in Possibilities (2 Part Series) at <a href="https://www.myinfinitec.org">www.myinfinitec.org</a> Restorative Practices Engaged in Possibilities (Part 1)  Video running time is 56:39 minutes plus quiz This is part 1 of a two part series which provides an overview of the foundation of restorative practices. Components covered include the definition, key principles, paradigm shifts needed, basic philosophy, and the integration of restorative practices with trauma informed schools and other beneficial school practices.  Restorative Practices Engaged in Possibilities (Part 2)  Video running time is 54 minutes plus quiz This is part 2 of a two part series which provides an overview of the foundation of restorative practices. Components covered include the definition, key principles, paradigm shifts needed, basic philosophy, and the integration of restorative practices with trauma informed schools and other beneficial school practices.	Perandoe has a contract with Infinitec which allows our districts to utilize trainings offered through the website, www.myinfinitec.org.  If you need assistance contact Cheryl Ebers @ 618-282-6251 ext. 125  Time: 2 ½ hours
Identifying Signs Of Distress During Physical Restraint And Time Out	Handle with Care/CPI Training	School Staff or Perandoe Staff Time 1 - 2 hours

Trauma-informed Practices	<u>Creating Trauma Sensitive Classrooms</u> with Q & A session	Perandoe Social Workers Time: 90 Minutes
Behavior Management Practices  Participants can earn a Certificate Upon Completion and/or ISBE Certificate of Completion	10 behavior modules presented by the KSDE Technical Assistance System Network (TASN) at <a href="https://www.myinfinitec.org">www.myinfinitec.org</a> - Introduction to Managing Escalating Behavior - 10 minutes running time  - Signs of Escalation - 10 minutes running time  - Escalation: Early Intervention - 9 minutes running time  - Escalation Reaction - 13 minutes running time  - Crisis Management - 11 minutes running time  - Dealing with Student Non-Compliance - 9 minutes running time  - Dealing with Student Disruption - 8 minutes running time  - Dealing with Student Disrespect - 8 minutes running time  - Dealing with Provocative Behavior - 8 minutes running time  - Dealing with Aggressive and Fighting Behavior - 8 minutes running time	www.myinfinitec.org Time: 96 minutes for viewing videos plus taking the quizzes - Approximately 1 hour & 45 minutes  Perandoe has a contract with Infinitec which allows our districts to utilize trainings offered through the website, www.myinfinitec.org  If you need assistance contact Cheryl Ebers @ 618-282-6251 ext. 125