



Training with Dr. Dixon

**Choose your date
August 5 or August 12**



**8-10am PEAK
10-12 noon LIFE
12-1 Lunch
1-3pm AIM**



**Location:
DoubleTree by Hilton
1000 Eastport Plaza Drive
Collinsville, IL 62234-6103**

**DoubleTree has restaurants available and
requests no outside food be brought in**

